

# Life Enrichment Weekly Calendar

Monday, Oct. 5 – Sunday, Oct. 11

(G): General Floor  
(MC): Memory Care

Monday, Oct. 5	Tuesday, Oct. 6	Wednesday, Oct. 7	Thursday, Oct. 8	Friday, Oct. 9	Saturday, Oct. 10	Sunday, Oct. 11
9:30- Fitness Fun (MC)	9:30- Fitness Fun (MC)	9:30- Fitness Fun (MC)	9:30- Fitness Fun (MC)	9:30- Fitness Fun (MC)	9:30- News & Views (G)	9:30- News & Views (G)
10:15- Exercise Essentials & News (G)	10:15- Exercise Essentials & News (G)	10:15- Exercise Essentials & News (G)	10:15- Exercise Essentials & News (G)	10:00- Friday Flower Arranging (MC)	11:00- One-On-One Visits (MC)	11:15- Sunday Hymn Sing-a-Long (MC)
11:15- Music & Manicures (MC)	11:15- Tuesday Mental Fitness: BrightStar Wheel of Fortune (G)	10:30- <b>Craft Club: Creative Canvas Art with Savannah (G)</b>	11:15- Antiques & Tea Social (MC)	11:00- Homemade Autumn Décor: Salt Dough Leaf Prints (G)	2:30- Wisconsin Badgers  vs. Nebraska	12:00- Green Bay Packers  vs. St. Louis Rams
2:00- “Spot The Difference” Photography (G)	2:00- Coffee & Butter Cookie Social (MC)	2:30- Inspirational Short Stories (MC)	<b>Outing: Madison Mounted Horse Patrol Meet &amp; Greet @ Alicia Ashman Public Library</b>  <b>3:00-5:00PM</b>	2:00- <b>“Renoir &amp; Degas” Presentation by Michael Hecht (G)</b>	3:00- “Name That Tune” Bingo (MC)	2:00- “Space Race” Sundae Social (G)
3:45- Creative Storytelling (MC)	3:45- Reminiscing: Classic Comedians & Comedy Clips (MC)	3:45- Baking Bunch: Pumpkin Pecan Peanut Butter Cookie Cups (G)		3:45- Antique Discovery & Tea Social (MC)	3:30- Bookworm Trivia: Name That Author (G)	3:30- Walking Club (MC)
6:30- Balloon Volleyball (MC)	6:30- Aromatherapy Hand Massages (MC)	6:30- Bingo! (G)	6:30- Planet Earth Documentary: “Mountains” (G/MC)	6:30- Listening Hour: Charlotte Church (G/MC)	6:30- Patriotic Sing-a-Long (MC)	6:30- Relaxation Station (MC)